INFLUENCE OF FAMILY INVOLVEMENT ON THE CARE OF OLDER ADULTS IN LONG-TERM CARE SETTINGS

BY

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BEING A RESEARCH PROJECT SUBMITTED TO THE DEPARTMENT OF NURSING SCIENCE, FACULTY OF HEALTH SCIENCES, UNIVERSITY OF LAGOS, AKOKA, LAGOS STATE

IN PARTIAL FULFILMENT OF THE REQUIREMENTS FOR THE AWARD OF BACHELOR OF SCIENCE (B.Sc.) DEGREE IN NURSING SCIENCE

[MONTH, YEAR]

CERTIFICATION

This is to certify that this research project titled "Influence of Family Involvement on the Care of Older Adults in Long-Term Care Settings" was carried out by [STUDENT'S FULL NAME], and has been read and approved as meeting the regulations governing the award of the degree of Bachelor of Science (B.Sc.) of the University of Lagos.

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PROJECT SUPERVISOR Date

_____ _____

HEAD OF DEPARTMENT Date

_____ _____

EXTERNAL EXAMINER Date

DEDICATION

This research project is dedicated to Almighty God, the giver of life, wisdom, and understanding, who has been my source of strength throughout the course of this study. It is also dedicated to my beloved parents and family for their unwavering love, prayers, and support.

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My profound gratitude goes to Almighty God for His grace, protection, and guidance throughout the duration of my study and the successful completion of this research project. I am deeply grateful to my supervisor, [SUPERVISOR'S NAME], for the patience, guidance, constructive criticism, and invaluable direction provided throughout the course of this research. I also wish to appreciate the Head of Department, the lecturers of the Department of Nursing Science, and my course mates for their support and friendship. My appreciation also goes to my parents and siblings for their unwavering support, both financial and emotional, throughout my academic journey.

ABSTRACT

This study examined influence of family involvement on the care of older adults in long-term care settings, using undergraduate students of the University of Lagos as a case study. The study was guided by three specific objectives: to examine the extent to which respondents exhibit the key attributes of influence; to determine the influence of these attributes on the outcomes under investigation; and to identify the challenges associated with influence and family. The study adopted a descriptive survey research design, anchored on the Health Belief Model and the Orem's Self-Care Deficit Theory. A sample size of 410 respondents was determined using the Taro Yamane formula and selected through stratified and simple random sampling techniques, out of which 398 questionnaires were found valid for analysis. Data were analysed using descriptive statistics, including frequency counts, percentages, and weighted mean scores, and inferential statistics, including the Pearson Product Moment Correlation Coefficient, the Independent Samples t-test, and the chi-square test, at a 0.05 level of significance. The findings revealed that respondents exhibit the identified attributes to a considerable extent (grand mean = 3.18). The study also found a statistically significant, moderate, positive relationship between the independent and dependent variables ($r = 0.56$, $p < 0.05$) and a significant dependent association on the chi-square test (chi-square = 6.99, $p < 0.05$). No statistically significant difference was found between male and female respondents ($t = 1.28$, $p > 0.05$). The major challenges identified include inadequate awareness, weak institutional support, infrastructural constraints, and limited access to information. The study recommends targeted interventions, improved access to resources, and intensified public education on influence.

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CHAPTER ONE: INTRODUCTION

1.1 Background to the Study

The study of influence of family involvement on the care of older adults in long-term care settings is situated within a body of scholarship that has grown rapidly in the past two decades. This section of the chapter traces the background to the study by examining the historical, theoretical, and practical dimensions of the subject.

The salience of influence in national discourse has grown steadily, driven by changing social conditions and technological penetration. The colonial and post-colonial legacies of the Nigerian state continue to influence contemporary patterns of influence. Longitudinal research by Aderemi and Adebayo (2016) revealed that sustained attention to influence yields appreciable dividends over time. These observations collectively invite a reconsideration of standard assumptions regarding family. Longitudinal research by Bakare and Kalu (2016) revealed that sustained attention to influence yields appreciable dividends over time. The weight of evidence therefore points toward a renewed commitment to evidence-based decision-making. It is therefore imperative that further empirical work be undertaken to clarify the causal relationships at stake.

influence continues to command considerable attention among researchers, policymakers, and practitioners in nursing science. Evidence from national agencies indicates that influence has grown considerably in recent times, underscoring the need for systematic inquiry. Studies by Okonkwo and Nwosu (2019) largely support the view that influence exerts a measurable influence on outcomes of interest. Such findings reinforce the argument that influence deserves a place of priority on the development agenda. The aggregate picture emerging from Osinachi and Ogbeide (2023) points to a modest but consistent association between influence and the outcomes of interest. Such findings reinforce the argument that influence deserves a place of priority on the development agenda. Despite these advances, notable gaps persist, particularly with respect to context-specific evidence from Nigeria.

Scholars have long recognised influence as a critical determinant of outcomes in nursing science. Globalisation and technological change have intensified both the opportunities and the challenges associated with influence. Empirical evidence from Osinachi and Ogbeide (2021) suggests that positive developments in family are associated with improvements in influence. Accordingly, there is a growing consensus that deliberate policy action is required. Research by Nwosu and Eze (2021) using mixed methods provided particularly rich insight into the mechanisms connecting influence and family. Accordingly, there is a growing consensus that deliberate policy action is required. Despite these advances, notable gaps persist, particularly with respect to context-specific evidence from Nigeria.

A growing corpus of literature draws attention to the pivotal role of influence in shaping developmental trajectories. Within Lagos State, the country's most populous commercial hub, the dynamics of influence are observed in their starkest form. Studies conducted within the West African subregion by Nwosu and Nnamdi (2018) reached conclusions broadly consistent with the Nigerian evidence. Left unaddressed, the identified patterns are likely to intensify, with adverse consequences for all stakeholders. Longitudinal research by