

MARITAL SATISFACTION AMONG DUAL-CAREER COUPLES

BY

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DEGREE IN PSYCHOLOGY

[MONTH, YEAR]

CERTIFICATION

This is to certify that this research project titled "Marital Satisfaction Among Dual-Career Couples" was carried out by [STUDENT'S FULL NAME], and has been read and approved as meeting the regulations governing the award of the degree of Bachelor of Science (B.Sc.) of the University of Lagos.

PROJECT SUPERVISOR

Date

HEAD OF DEPARTMENT

Date

EXTERNAL EXAMINER

Date

DEDICATION

This research project is dedicated to Almighty God, the giver of life, wisdom, and understanding, who has been my source of strength throughout the course of this study. It is also dedicated to my beloved parents and family for their unwavering love, prayers, and support.

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ABSTRACT

This study examined marital satisfaction among dual-career couples, using undergraduate students of the University of Lagos as a case study. The study was guided by three specific objectives: to examine the extent to which respondents exhibit the key attributes of marital; to determine the influence of these attributes on the outcomes under investigation; and to identify the challenges associated with marital and satisfaction. The study adopted a descriptive survey research design, anchored on the Technology Acceptance Model and the UTAUT. A sample size of 396 respondents was determined using the Taro Yamane formula and selected through stratified and simple random sampling techniques, out of which 385 questionnaires were found valid for analysis. Data were analysed using descriptive statistics, including frequency counts, percentages, and weighted mean scores, and inferential statistics, including the Pearson Product Moment Correlation Coefficient, the Independent Samples t-test, and the chi-square test, at a 0.05 level of significance. The findings revealed that respondents exhibit the identified attributes to a considerable extent (grand mean = 3.01). The study also found a statistically significant, moderate, positive relationship between the independent and dependent variables ($r = 0.473$, $p < 0.05$) and a significant dependent association on the chi-square test (chi-square = 7.19, $p < 0.05$). No statistically significant difference was found between male and female respondents ($t = 1.09$, $p > 0.05$). The major challenges identified include inadequate awareness, weak institutional support, infrastructural constraints, and limited access to information. The study recommends targeted interventions, improved access to resources, and intensified public education on marital.

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CHAPTER ONE: INTRODUCTION

1.1 Background to the Study

The study of marital satisfaction among dual-career couples is situated within a body of scholarship that has grown rapidly in the past two decades. This section of the chapter traces the background to the study by examining the historical, theoretical, and practical dimensions of the subject.

Few subjects attract as much policy interest in contemporary Nigeria as the question of marital. Public institutions at the federal, state, and local levels have developed programmes that seek to mainstream marital into routine governance. A notable study by Aderemi and Adebayo (2017) argued that the impact of marital is substantially mediated by the quality of institutions. The practical import of these findings extends well beyond the academic sphere into everyday institutional practice. Empirical evidence from Osinachi and Ogbeide (2021) suggests that positive developments in satisfaction are associated with improvements in marital. These observations collectively invite a reconsideration of standard assumptions regarding satisfaction. The reviewed studies, while valuable, are frequently dated, small in scale, or confined to a single locality.

marital occupies a prominent position in contemporary debates about satisfaction and national development. The Nigerian context presents peculiar challenges, ranging from infrastructural deficits to institutional weaknesses, which shape the manner in which marital unfolds. An examination by Salami and Olawale (2019) attributed much of the observed variation in outcomes to institutional capacity and policy continuity. The cumulative effect of these dynamics is a situation that demands urgent and coordinated intervention. Evidence assembled by Famuyide and Okonkwo (2015) across twelve states underscored the heterogeneity of outcomes linked to marital. The practical import of these findings extends well beyond the academic sphere into everyday institutional practice. A recurring weakness in the literature concerns the difficulty of isolating the precise influence of {k0} from confounding factors.

Debates on national transformation repeatedly return to the role of marital and its attendant dynamics. Evidence from national agencies indicates that marital has grown considerably in recent times, underscoring the need for systematic inquiry. The aggregate picture emerging from Famuyide and Okonkwo (2023) points to a modest but consistent association between marital and the outcomes of interest. For practitioners, the practical significance of marital cannot be overstated, given its demonstrable link with satisfaction. An examination by Bamgbose and Chukwu (2019) attributed much of the observed variation in outcomes to institutional capacity and policy continuity. Left unaddressed, the identified patterns are likely to intensify, with adverse consequences for all stakeholders. Nevertheless, the existing literature is not without its limitations, and several questions remain unresolved.

Scholars have long recognised marital as a critical determinant of outcomes in psychology. The colonial and post-colonial legacies of the Nigerian state continue to influence contemporary patterns of marital. Evidence assembled by Chukwu and Chukwu (2015) across twelve states underscored the heterogeneity of outcomes