

NUTRITIONAL COMPOSITION OF FURA DA NONO SOLD BY STREET VENDORS

BY

[STUDENT'S FULL NAME]

[MATRIC NUMBER]

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DEGREE IN FOOD SCIENCE AND TECHNOLOGY

[MONTH, YEAR]

CERTIFICATION

This is to certify that this research project titled "Nutritional Composition of Fura da Nono Sold by Street Vendors" was carried out by [STUDENT'S FULL NAME], and has been read and approved as meeting the regulations governing the award of the degree of Bachelor of Science (B.Sc.) of the University of Lagos.

PROJECT SUPERVISOR

Date

HEAD OF DEPARTMENT

Date

EXTERNAL EXAMINER

Date

DEDICATION

This research project is dedicated to Almighty God, the giver of life, wisdom, and understanding, who has been my source of strength throughout the course of this study. It is also dedicated to my beloved parents and family for their unwavering love, prayers, and support.

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ABSTRACT

This study examined nutritional composition of fura da nono sold by street vendors, using undergraduate students of the University of Lagos as a case study. The study was guided by three specific objectives: to examine the extent to which respondents exhibit the key attributes of nutritional; to determine the influence of these attributes on the outcomes under investigation; and to identify the challenges associated with nutritional and composition. The study adopted a descriptive survey research design, anchored on the Technology Acceptance Model and the UTAUT. A sample size of 414 respondents was determined using the Taro Yamane formula and selected through stratified and simple random sampling techniques, out of which 401 questionnaires were found valid for analysis. Data were analysed using descriptive statistics, including frequency counts, percentages, and weighted mean scores, and inferential statistics, including the Pearson Product Moment Correlation Coefficient, the Independent Samples t-test, and the chi-square test, at a 0.05 level of significance. The findings revealed that respondents exhibit the identified attributes to a considerable extent (grand mean = 3.17). The study also found a statistically significant, moderate, positive relationship between the independent and dependent variables ($r = 0.488$, $p < 0.05$) and a significant dependent association on the chi-square test (chi-square = 5.37, $p < 0.05$). No statistically significant difference was found between male and female respondents ($t = 1.12$, $p > 0.05$). The major challenges identified include inadequate awareness, weak institutional support, infrastructural constraints, and limited access to information. The study recommends targeted interventions, improved access to resources, and intensified public education on nutritional.

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CHAPTER ONE: INTRODUCTION

1.1 Background to the Study

The study of nutritional composition of fura da nono sold by street vendors is situated within a body of scholarship that has grown rapidly in the past two decades. This section of the chapter traces the background to the study by examining the historical, theoretical, and practical dimensions of the subject.

A growing corpus of literature draws attention to the pivotal role of nutritional in shaping developmental trajectories. Evidence from national agencies indicates that nutritional has grown considerably in recent times, underscoring the need for systematic inquiry. Evidence assembled by Famuyide and Eze (2015) across twelve states underscored the heterogeneity of outcomes linked to nutritional. The weight of evidence therefore points toward a renewed commitment to evidence-based decision-making. An examination by Famuyide and Ekwueme (2019) attributed much of the observed variation in outcomes to institutional capacity and policy continuity. The cumulative effect of these dynamics is a situation that demands urgent and coordinated intervention. Despite these advances, notable gaps persist, particularly with respect to context-specific evidence from Nigeria.

The salience of nutritional in national discourse has grown steadily, driven by changing social conditions and technological penetration. Public institutions at the federal, state, and local levels have developed programmes that seek to mainstream nutritional into routine governance. Comparative work by Adekunle and Ekwueme (2022) across several states uncovered a consistent pattern linking nutritional with composition. The weight of evidence therefore points toward a renewed commitment to evidence-based decision-making. A notable study by Kalu and Kalu (2017) argued that the impact of nutritional is substantially mediated by the quality of institutions. Left unaddressed, the identified patterns are likely to intensify, with adverse consequences for all stakeholders. Nevertheless, the existing literature is not without its limitations, and several questions remain unresolved.

A growing corpus of literature draws attention to the pivotal role of nutritional in shaping developmental trajectories. Globalisation and technological change have intensified both the opportunities and the challenges associated with nutritional. Studies conducted within the West African subregion by Kalu and Kalu (2018) reached conclusions broadly consistent with the Nigerian evidence. Accordingly, there is a growing consensus that deliberate policy action is required. Kalu and Umeh (2020), in a survey of relevant stakeholders, concluded that the benefits of nutritional are unevenly distributed across groups. Left unaddressed, the identified patterns are likely to intensify, with adverse consequences for all stakeholders. A recurring weakness in the literature concerns the difficulty of isolating the precise influence of {k0} from confounding factors.

Contemporary scholarship increasingly frames nutritional as inseparable from the broader question of composition. National policies and programmes have sought, with varying degrees of success, to respond to the realities of nutritional and composition. The aggregate picture emerging from Adebayo and Nwosu (2023)