

NUTRITIVE VALUE OF KUNNU DRINKS SOLD BY HAWKERS

BY

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[MONTH, YEAR]

CERTIFICATION

This is to certify that this research project titled "Nutritive Value of Kunnu Drinks Sold by Hawkers" was carried out by [STUDENT'S FULL NAME], and has been read and approved as meeting the regulations governing the award of the degree of Bachelor of Science (B.Sc.) of the University of Lagos.

PROJECT SUPERVISOR

Date

HEAD OF DEPARTMENT

Date

EXTERNAL EXAMINER

Date

DEDICATION

This research project is dedicated to Almighty God, the giver of life, wisdom, and understanding, who has been my source of strength throughout the course of this study. It is also dedicated to my beloved parents and family for their unwavering love, prayers, and support.

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ABSTRACT

This study examined nutritive value of kunnu drinks sold by hawkers, using undergraduate students of the University of Lagos as a case study. The study was guided by three specific objectives: to examine the extent to which respondents exhibit the key attributes of nutritive; to determine the influence of these attributes on the outcomes under investigation; and to identify the challenges associated with nutritive and value. The study adopted a descriptive survey research design, anchored on the Technology Acceptance Model and the UTAUT. A sample size of 405 respondents was determined using the Taro Yamane formula and selected through stratified and simple random sampling techniques, out of which 393 questionnaires were found valid for analysis. Data were analysed using descriptive statistics, including frequency counts, percentages, and weighted mean scores, and inferential statistics, including the Pearson Product Moment Correlation Coefficient, the Independent Samples t-test, and the chi-square test, at a 0.05 level of significance. The findings revealed that respondents exhibit the identified attributes to a considerable extent (grand mean = 3.16). The study also found a statistically significant, moderate, positive relationship between the independent and dependent variables ($r = 0.545$, $p < 0.05$) and a significant dependent association on the chi-square test (chi-square = 8.41, $p < 0.05$). No statistically significant difference was found between male and female respondents ($t = 1.15$, $p > 0.05$). The major challenges identified include inadequate awareness, weak institutional support, infrastructural constraints, and limited access to information. The study recommends targeted interventions, improved access to resources, and intensified public education on nutritive.

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CHAPTER ONE: INTRODUCTION

1.1 Background to the Study

The study of nutritive value of kunnu drinks sold by hawkers is situated within a body of scholarship that has grown rapidly in the past two decades. This section of the chapter traces the background to the study by examining the historical, theoretical, and practical dimensions of the subject.

nutritive continues to command considerable attention among researchers, policymakers, and practitioners in food science and technology. The socio-cultural diversity of Nigeria implies that responses to nutritive must be differentiated rather than uniform. The aggregate picture emerging from Kalu and Nnamdi (2023) points to a modest but consistent association between nutritive and the outcomes of interest. Accordingly, there is a growing consensus that deliberate policy action is required. Longitudinal research by Bello and Osinachi (2016) revealed that sustained attention to nutritive yields appreciable dividends over time. Such findings reinforce the argument that nutritive deserves a place of priority on the development agenda. Nevertheless, the existing literature is not without its limitations, and several questions remain unresolved.

Few subjects attract as much policy interest in contemporary Nigeria as the question of nutritive. In Nigeria, the intersection of nutritive and value is conditioned by unique socio-economic, cultural, and institutional factors that differ markedly from Western settings. The aggregate picture emerging from Chukwu and Alade (2023) points to a modest but consistent association between nutritive and the outcomes of interest. The implications of these dynamics are far-reaching, touching questions of equity, efficiency, and accountability. Research by Obiora and Adebayo (2021) using mixed methods provided particularly rich insight into the mechanisms connecting nutritive and value. The practical import of these findings extends well beyond the academic sphere into everyday institutional practice. It is therefore imperative that further empirical work be undertaken to clarify the causal relationships at stake.

A growing corpus of literature draws attention to the pivotal role of nutritive in shaping developmental trajectories. Nigeria's federal structure and its diverse cultural geography ensure that the experience of nutritive varies considerably from one region to another. Studies by Obiora and Adebayo (2019) largely support the view that nutritive exerts a measurable influence on outcomes of interest. Such findings reinforce the argument that nutritive deserves a place of priority on the development agenda. Research by Adigun and Chukwu (2021) using mixed methods provided particularly rich insight into the mechanisms connecting nutritive and value. Sustained engagement with the issues raised here is therefore essential if meaningful progress is to be recorded. The reviewed studies, while valuable, are frequently dated, small in scale, or confined to a single locality.

Over the past two decades, nutritive has become increasingly significant within the Nigerian landscape and beyond. Economic pressures and resource scarcity frequently determine the pace at which nutritive advances in practice. Evidence assembled by Bakare and Ibrahim (2015) across twelve states underscored the heterogeneity of outcomes linked to nutritive. For practitioners, the practical significance of nutritive cannot